



ANTIOCH WEEKLY

09.06.2026

Connect with Us!

If you'd like to get to know more about getting connected to Antioch, or joining one of our Community Groups, be sure to fill out our [online Connection Form](#)! We'd love to help connect you to what's happening in the life of our church!

The Gathering Table

Join us on Sunday, September 27th for "The Gathering Table." Our evening will include a time of interactive prayer stations designed to allow kids & adults to participate together, followed by a catered meal. (Childcare will be available for kids 0-3yrs). As we prepare for this gathering, we ask that you please [register in advance](#) so that we can adequately prepare for the meal and childcare needs.

Foundations Class

Join us for a Foundations class on Sunday, October 11th. This class is a great chance to get to know more about the inner workings of Antioch, as well as to discuss our core beliefs, distinctives, and Antioch's mission. (*This course is also a pre-requisite for those who may be interested membership.*) Lunch and childcare will be provided. [Sign up today!](#)

Need Prayer?

If you've got a prayer request you'd like to share with the Antioch Prayer Team, [let us know through this online form](#)! The Prayer Team would love to pray for you!

SERMON NOTES

“Immeasurably More: A Prayer for Power”

Key Text: Ephesians 3:16-21

1. The strengthening of the Holy Spirit (vs 16-17)

The Holy Spirit:

- Convicts us
- Counsels us
- Consoles us

2. Experiencing the totality of Jesus’ love (vs 17-18)

3. Rejoicing & Remembering (vs 19-20)

Jesus can do immeasurably more, in more than just the areas you can measure.

SERMON DISCUSSION & PRAYER PROMPTS

- We all look to different things for strength when life gets difficult. What are some things people commonly turn to for strength, comfort, or security—and why do those things sometimes feel easier to turn to than God? Pray for a heart that turns to God when life gets difficult.
- Paul prays that believers would be “strengthened with power through his Spirit in your inner being.” What do you think it looks like for the Holy Spirit to actually strengthen your inner life in the middle of an ordinary week? Pray for the Holy Spirit to strengthen your inner being this week.
- The sermon describes the Holy Spirit as one who convicts, counsels, and consoles. Which of those three do you think you personally need most right now, and why?
 - Follow-up: What might it look like to respond to the Spirit in that area?
- The sermon says that Jesus wants to be a “permanent resident” rather than an “occasional visitor” in our lives. What do you think the difference looks like between allowing Jesus to be an occasional visitor and allowing Him to truly dwell in us?
- Paul says that we can “grasp” the width, length, height, and depth of Christ’s love even though that love “surpasses knowledge.” Which aspect of Christ’s love—wide, long, high, or deep—speaks most powerfully to you personally, and why? Pray for a heart that is sensitive to moments when we experience God’s love.
- Ephesians 3:20 says God can do “immeasurably more” according to His power at work within us. If we stopped thinking primarily about what God might give us and started thinking about what God might do within us, what are some things you would hope He would change or develop in your life?